



Resources Supporting Parents in Sharing Diagnoses with Children

Books:

[*Welcome to the Autism Community*](#) (Autistic Self-Advocacy Network)

[*The Girl Who Thought in Pictures: The Story of Dr. Temple Grandin*](#) (Julia Finley Mosca)

[*It's Called Dyslexia - Live and Learn Series*](#) (Jennifer Moore-Mallinos)

[*Uniquely Wired: A Story About Autism and Its Gifts*](#) (Jennifer Cook)

[*Just Right for You: A Story About Autism*](#) (Dr. Melanie Heyworth)

[*A Different Kind of Brilliant*](#) (Louise Cummins)

[*The Someday Birds*](#) (middle grade fiction by Sally Pla)

[*My Whirling Twirling Motor*](#) (Merriam Saunders)

[*Marvin's Monster Diary 2: ADHD Emotional Explosion*](#) (Raun Melmed and Caroline Larsen)

[*All Cats Are on the Autism Spectrum*](#) (Kathy Hoopmann)

[*All Dogs Have ADHD*](#) (Kathy Hoopmann)

[*All Birds Have Anxiety*](#) (Kathy Hoopmann)

[*The Ice-Cream Sundae Guide to Autism: An Interactive Kids Books for Understanding Autism*](#) (Debby Elley and Tori Houghton)

[*The Fantastic Elastic Brain: A Growth Mindset Book for Kids to Stretch and Shape Their Brains*](#) (JoAnn Deak)

Podcasts:

[*Understanding and Combating Negative Stigmas, with Ann Douglas*](#) (Tilt Parenting Podcast)

[*12-Year-Old Asher Talks About Labels, Diagnoses, and Stigma*](#) (Tilt Parenting Podcast)

[*Disclosure and Self-Advocacy: A Conversation with Dr. Stephen Shore*](#) (Uniquely Human podcast)



Videos:

[You have a Ferrari brain and bicycle brakes](#) (Dr. Hallowell Video on YouTube)

[Try Different \(The Fish Song\)](#) (How to ADHD YouTube Channel)

[Dr. Wenn Lawson's Personal Story of Life with Autism](#) (YouTube video)

[Having the Talk: Explaining ADHD to Your Child, Family & Friends](#) (ADDitude webinar)

Websites & Articles:

[How to Talk to Your Child About Their Autism Diagnosis](#) (The Conversation)

[Tips for Talking to Children About Autism](#) (Reframing Autism)

[Respectful Resources About Autism for Autistic Young People and Their Peers](#) (I Can Network)

[The Curly Hair Project](#)

[Talking to Your Autistic Child About Autism](#) (Parenting Your Autistic Child with Love and Acceptance)

[All Brains Are Awesome Resources](#)

[100-ish Books on Autism and Neurodiversity](#) (Not an Autism Mom / Meghan Ashburn)

[Telling Our Kids](#) (Divergent Brains Blog)