

Templates, Planners & Contracts for Differently Wired Kids



PLANNING & ORGANIZATION

Planning & Organizing

Weekend Day Planner: We used this worksheet on weekends so Asher could share his expectations, we could discuss our plans as a family, and we could problem-solve around any discrepancy between the two.

Time Tracking Worksheet: We noticed Asher didn't have a good sense of how long certain activities took, so through this form, he would predict how long an activity would take and then we could compare afterward to see how accurate his prediction was.

Week at a Glance: We fill out this form every Monday, noting any special events or activities that should be on Asher's radar. Then we review the form every single morning to ensure there are no surprises.

Getting Out the Door: We used to have this printed out and tacked to the door of the coat closet to avoid situations where we left the house and Asher didn't have something he wanted (like a book or his Kindle), and also to help him learn to be responsible for himself.

WEEKEND DAY PLANNER

It's Saturday / Sunday! (circle one)

Today I am expecting to be able to:

Today I was expecting that (mom / dad / my brother / my sister / my friend) would be available to:

I understand that it is a WEEKEND day and we will be doing a family activity. I've talked with mom and dad and that activity is:

To help me prepare / plan for the family activity, I would like Mom and Dad to:

I have talked to Mom and Dad and we have made a plan (check box below):

WEEK AT A GLANCE

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

GETTING OUT THE DOOR

- 1: Remind mom to remind me to remind her to bring a book!
- 2: Put on gloves
- 3: Put on shoes
- 4: Put on jacket
- 5: Put on Patagonia™ coat
- 6: Put on epic Creeper hat
- 7: Get out of door (quick)
- 8: Done!