

MAIN DAILY (PERSONAL) GOAL

| | |
|-------------------------|---|
| DAY: | |
| MAIN GOAL: | |
| WHEN I'LL DO IT: | |
| OTHER GOALS: | <ul style="list-style-type: none">••••• |
| NOTES: | |

* We started using this because Asher was getting frustrated with himself for not accomplishing his personal goals during his free screen time. This is the first iteration.